

What all of us should know about Medicines

Duration

3 Weeks

About this unit

MKFC Stockholm College offers you a course What all of us should know about Medicines.

The main focus is in the proper use of medicines:

- giving sufficient information about medicines, for example, what should be known before taking a medicine
- choosing the best response to illness (e.g., home remedy, over-the-counter medicine, physician visit),
- learning skills needed to use medicines, for example, the steps for taking medicines rationally,
- how to deal with possible side-effects
- knowing how to read the label
- abuse of medicines being just a small part of it.

Learning goals

- what should be known before taking a medicine
- skills needed to use medicines, for example, the steps for taking medicines rationally
- how to deal with possible side-effects
- actively involved in discussions with health care professionals about one's own medicines
- build up skills and competencies needed to gradually take more responsibility over the medicines

This short course about medicines is based on material that was originally made for Finnish teachers (©University of Kuopio, Department of Social Pharmacy).

Upcoming dates:

There are no planned dates for the time.